

MedStar Health

Updates in Urology

Practical Solutions for Everyday Urologic Challenges



September 20, 2025

JW Marriott • Washington, D.C.

Course directors:

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MedStar Health

Continuing education credit information

Course description

Updates in Urology: Practical Solutions for Everyday Urologic Challenges is a one-day educational program designed for general urologists and primary care physicians. This live conference will provide evidence-based updates and practical strategies to address common urologic conditions encountered in daily practice. Through expert-led lectures, interactive discussions, and case-based panels, participants will gain valuable insights into the latest advancements in urologic care, enabling them to enhance patient outcomes. Topics will include recurrent UTIs, male and female urinary incontinence, lower urinary tract symptoms (LUTS), sexual dysfunction, hormone replacement, microhematuria, and kidney stones. The program will conclude with a keynote session on quality of life in urology, emphasizing patient-centered care. Attendees will also have the opportunity to network with peers and specialists, fostering interdisciplinary collaboration between primary care and urology.

Learning objectives

- Improve diagnostic accuracy and treatment strategies for recurrent UTIs, incorporating antibiotic stewardship and non-pharmacologic approaches.
- Evaluate and manage male LUTS, including urinary incontinence and benign prostatic hyperplasia (BPH), with an emphasis on minimally invasive therapies.
- Enhance the management of female urinary incontinence, integrating physical therapy, pharmacologic treatments, and surgical options.
- Recognize and address sexual dysfunction in both men and women, utilizing the latest therapeutic approaches.
- Discuss the role of hormone replacement therapy (HRT) in men and women, balancing risks and benefits in clinical decision-making.
- Engage in an interactive, case-based discussion to refine problem-solving skills for complex urologic cases.

Target audience

This conference is intended for physicians, residents and fellows, physician assistants, nurse practitioners, nurses, allied health professionals, medical oncologists, oncologists, pathologists, radiation oncologists, radiologists, surgeons, urologists, and other members of the healthcare team interested in the management of prostate, kidney, bladder, and testicular cancers.



Accreditation



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit designation



IPCE CREDIT™

This activity was planned by and for the healthcare team and learners will receive **6.25** Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians: MedStar Health designates this live activity for a maximum of **6.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **6.25** MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to

submit participant completion information to ACCME to grant ABIM MOC credit.



Physician assistants: MedStar Health has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for **6.25** AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



THE AMERICAN
BOARD OF SURGERY

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME and Self-Assessment requirements of the American Board of Surgery's Continuous

Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

MOC participation threshold: Learner participates by writing a reflective statement and makes a commitment to change or maintain an element of practice.

Nurses: This activity is approved for **6.25** ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Additional information

Attention physician learners: To ensure accurate reporting of your CME credit data, to ACCME and relevant licensing boards, please verify that your CloudCME profile contains the details listed below. To access your CloudCME profile, once signed in, click My CE > Profile.

Full name, state of licensure, state license number, birth month and day (year not required), National Provider Identifier (NPI)

In addition, please remember to check the box at the bottom of the CloudCME Profile page, granting the CPE department permission to report your credit data to ACCME and relevant licensing boards.

Questions? Email medstarceapplications@email.sitel.org

CloudCME link: <https://medstar.cloud-cme.com>

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For more information, please visit [MedStarHealth.org/UpdatesinUrology](https://www.MedStarHealth.org/UpdatesinUrology)

Agenda

7:30 a.m.	Registration Open, Breakfast, and Visit the Exhibits	11:55 a.m.	Lunch and Learn: Contemporary Approaches to Screening and Diagnosis of Prostate Cancer Keith J. Kowalczyk, MD
8:00 a.m.	Welcome and Opening Remarks Keith J. Kowalczyk, MD, Rachael D. Sussman, MD, Krishnan Venkatesan, MD	12:25 p.m.	Dessert and Visit the Exhibits
SESSION I: Recurrent UTIs		SESSION V: Keynote Session	
8:10 a.m.	Diagnosis and Management of Recurrent Urinary Tract Infections Nirit Rosenblum, MD	12:40 p.m.	Anticipated Challenges in the Evolving Medical Landscape Marissa Clifton, MD
8:30 a.m.	Role of Antibiotics, Probiotics, and Non-Pharmacologic Strategies Rebecca N. Kumar, MD, MS	1:10 p.m.	Maximizing Efficiency in the Workday David Canes, MD
SESSION II: Male Lower Urinary Tract Symptoms (LUTS)		1:40 p.m.	Afternoon Break and Visit the Exhibits
8:55 a.m.	Male Urinary Incontinence Nathan M. Shaw, MD	SESSION VI: Hormone Replacement in Men and Women	
9:15 a.m.	Minimally Invasive Therapies for Benign Prostatic Hyperplasia (BPH) Gaurav Bandi, MD Ryan A. Hankins, MD	1:55 p.m.	Hormone Replacement Therapy (HRT) in Women Andrea J. Singer, MD
9:40 p.m.	Morning Break and Visit the Exhibits	2:20 p.m.	Testosterone Replacement in Men Rachel S. Rubin, MD
SESSION III: Urinary Incontinence in Women		SESSION VI: Navigating Complex Pelvic Pain	
9:55 a.m.	Non-Invasive Therapies Kathleen Cage, FNP, CUNP	2:40 p.m.	Male Pelvic Pain & Physical Therapy Matthew Johnston, PT, DPT
10:10 a.m.	Overactive Bladder Lee Ann Richter, MD	3:05 p.m.	Endometriosis and Gynecologic Drivers Joanna Tavcar, MD
10:25 a.m.	Updates in Stress Urinary Incontinence: Everyday Pearls for Everyday Practice Rachael D. Sussman, MD	SESSION VIII: Microhematuria and Kidney Stones	
SESSION IV: Sexual Dysfunction		3:25 p.m.	Updated Guidelines on Microhematuria Evaluation Lisa Chuong, PA-C, MPH
10:40 a.m.	Female Sexual Dysfunction Rachel S. Rubin, MD	3:45 p.m.	Evaluation and Management of the Recurrent Kidney Stone Patient John J. Pahira, MD
11:05 a.m.	Male Erectile Dysfunction Devang Sharma, MD	4:10 p.m.	Closing Remarks
11:25 a.m.	Lunch Break and Visit the Exhibits	4:20 p.m.	Networking Reception

Registration information

REGISTRATION TYPE	NOW THROUGH JULY 31	AUGUST 1 TO SEPTEMBER 20
Physician	\$125	\$150
Resident or fellow	COMPLIMENTARY	COMPLIMENTARY
Physician assistant	\$50	\$75
Nurse practitioner	\$50	\$75
Nurse	\$50	\$75
Allied health professional	\$50	\$75
Medical student	COMPLIMENTARY	COMPLIMENTARY
Industry professional	\$200	\$225

Online registration preferred

Please visit **MedStarHealth.org/UpdatesinUrology** for updated program and registration information. We are unable to accept registrations or cancellations by telephone.

All registrations will be confirmed by email only. If you have questions or do not receive a confirmation within 1-2 business days, please contact us at medstarcp@medstar.net or (833) 731-1273.

Cancellation policy

Cancellations made in writing by July 26, 2025. will be subject to a 50% penalty. No refunds will be given after July 26, 2025. Cancellations will not be accepted by telephone. In the unlikely event that the course is canceled, MedStar Health will refund the registration fee, but is not responsible for any travel costs.

Venue information

JW Marriott

1331 Pennsylvania Avenue NW | Washington, DC 20004
(202) 393-2000



For grant information please contact Ada Guo at ada.guo@medstar.net
For exhibit information please contact Elizabeth Romano at elizabeth.s.romano@medstar.net